Emergency Storm Kit Checklist

Being prepared for a storm means preparing for the absolute worst conditions. Stock your emergency kit with the items below to prepare your family for any possibility.

- **Battery-Powered Flashlight**: Ideally include both a AA-powered and a heavy-duty flashlight.
- **Extra Batteries**: Remember to include batteries for all types of devices you’ll need.
- **A Change of Clothes**: Prepare for varying temperatures with layered clothing.
- **Sturdy Shoes or Boots**: Waterproof shoes with extra-grip are ideal.
- **Three-Day Supply of Water**: Include 1 gallon of water per person per day.
- **Portable Weather Radio**: Ideally a battery-powered or hand-cranked radio.
- **Emergency Phone Numbers**: Include your contacts and local emergency services.
- **Bedding**: Keep sleeping bags and extra blankets close.
- **Prescriptions and Medicines**: Have a cooler and ice packs handy for refrigerated medicines.
- **A First Aid Kit**: Ensure you have everything you may need from aspirin to bandages.
- **Important Documents**: Include titles, deeds, passports, licenses and other hard-to-replace documents.
- **Credit Cards and Cash**: Have enough on hand to cover expenses for one to three days.

**A Three-Day Supply of Non-Perishable Food**

Suggested emergency food supplies:

- Nuts
- Crackers
- Peanut butter
- Dried fruit
- Granola or cereal
- Canned juices
- Protein bars
- Pasteurized milk
- Baby food
- Canned meats
- Vegetables
- Fruits
- Non-Electric can opener