



# Emergency Storm Kit Checklist

Being prepared for a storm means preparing for the absolute worst conditions. Stock your emergency kit with the items below to prepare your family for any possibility.

## **Battery-Powered Flashlight**

Ideally include both a AA-powered and a heavy-duty flashlight.

## **Extra Batteries**

Remember to include batteries for all types of devices you'll need.

## **A Change of Clothes**

Prepare for varying temperatures with layered clothing.

## **Sturdy Shoes or Boots**

Waterproof shoes with extra-grip are ideal.

## **Three-Day Supply of Water**

Include 1 gallon of water per person per day.

## **A Three-Day Supply of Non-Perishable Food**

Suggested emergency food supplies:

- Nuts
- Crackers
- Peanut butter
- Dried fruit
- Granola or cereal
- Canned juices
- Protein bars
- Pasteurized milk
- Baby food
- Canned meats
- Vegetables
- Fruits
- Non-Electric can opener

## **Portable Weather Radio**

Ideally a battery-powered or hand-cranked radio.

## **Emergency Phone Numbers**

Include your contacts and local emergency services.

## **Bedding**

Keep sleeping bags and extra blankets close.

## **Prescriptions and Medicines**

Have a cooler and ice packs handy for refrigerated medicines.

## **A First Aid Kit**

Ensure you have everything you may need from aspirin to bandages.

## **Important Documents**

Include titles, deeds, passports, licenses and other hard-to-replace documents.

## **Credit Cards and Cash**

Have enough on hand to cover expenses for one to three days.